HEALTHY FOOD HEALTHY LIFE





LUNCH MENU WEEK 2

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Peri Peri Chicken on Couscous & Veg Of The Day

Pizza & Wedges

Jacket Potatoes With

Choice of Filling

<u>Tuna Pasta, Paninis,</u> <u>Selection Of Sandwiches</u>

Fresh Fruit
Fruit Pots & Granola pot

Pudding of The Day

Peri Peri Quorn On Couscous

Veg Of The Day

TUESDAY

Roast beef & Yorkshire
Pudding & Veg of The day

Jacket Potatoes With Choice of Filling

<u>Tuna Pasta, Paninis,</u> <u>Selection Of Sandwiches</u>

Fresh Soup Of The Day With Roll & Butter

Fruit Pots & Granola pot

Pudding of The Day

Vegetarian Roast With All The <u>Trimmings</u>

WEDNESDAY

Sausage, Mash & Onion Gravy
Veg Of The Day

Sausage Roll
With Mash & Gravy

Jacket Potatoes With Choice of Filling

<u>Tuna Pasta, Paninis,</u> <u>Selection Of Sandwiches</u>

Fresh Fruit
Fruit Pot & Granola pot

Pudding of The Day

Quorn Sausages & Onion Gravy
Mash & Veg

THURSDAY

Beef Madras & Rice With Naan & _Veg Of The Day

Spicy Sausage pasta

Jacket Potatoes With Choice of Filling

<u>Tuna Pasta, Paninis,</u> <u>Selection Of Sandwiches</u>

Fresh Soup Of The Day With Roll & Butter

Fresh Fruit
Fruit Pot & Granola pot

Pudding of The Day

Quorn Madras & Rice With Naan & Veg Of The Day

FRIDAY

Fish & Chips With Mushy Peas

<u>Chicken Burger In A Soft Bun</u> <u>With Chips</u>

> Jacket Potatoes With Choice of Filling

<u>Tuna Pasta, Paninis,</u> <u>Selection Of Sandwiches</u>

Fresh Fruit
Fruit Pot & Granola pot

Pudding of The Day

Veggie Burger In A Soft Bun With Chips