

## LUNCH MENU WEEK 3

HEALTHY FOOD HEALTHY LIFE

MONDAY	TUESDAY	WEDNESDAY	<u>THURSDAY</u>	FRIDAY
<u>Pasta Bolognese Bake</u> <u>with Garlic Bread &amp;</u> <u>Veg Of The Day</u>	<u>Roast Pork &amp; Crackling</u> <u>With Roast Potatoes &amp;</u> <u>Veg Of The Day</u>	<u>Homemade Butter</u> <u>Chicken Curry &amp; Rice With Naan</u> <u>&amp; Veg of The Day</u>	<u>Jerk Chicken with Seasoned Rice &amp; Veg</u> <u>Of The Day</u>	Fish & Chips With Mushy Peas
Jacket Potatoes With Choice of Filling	<u>Jacket Potato with</u> <u>Choice of Filling</u>	<u>Sausage Roll</u> <u>With Mash &amp; Gravy</u>	<u>Jacket Potato with</u> <u>Choice of Filling</u>	Cheese Burger In A Soft Bun & Chips
<u>Tuna Pasta Pots, Paninis</u> Selection Of Sandwiches	<u>Fresh Soup Of The Day With</u> <u>Roll &amp; Butter</u>	<u>Jacket Potatoes With</u> <u>Choice of Filling</u>	<u>Tuna Past Pot, Paninis</u> Selection Of Sandwiches	Jacket Potatoes With Choice of Filling
<u>Fresh Fruit</u> Fruit Pot & Granola Pot	<u>Tuna Past Pot, Paninis</u> Selection Of Sandwiches	<u>Tuna Pasta, Paninis,</u> <u>Selection Of Sandwiches</u>	<u>Fresh Soup of The Day With</u> <u>Roll &amp; Butter</u>	Tuna Past Pot, Paninis   Selection Of Sandwiches
Pudding Of The Day	<u>Fresh Fruit</u> <u>Fruit Pot &amp; Granola Pot</u>	<u>Fresh Fruit</u> <u>Fruit Pot &amp; Granola pot</u>	<u>Fresh Fruit</u> Fruit Pots & Granola Pots	Fresh Fruit Fruit Pots & Granola Pots
<u>Quorn Bolognese With</u> <u>Garlic Bread &amp;</u> Veg Of The Day	Pudding Of The Day	Pudding of The Day	Pudding Of The Day Quorn Pieces In Jerk Seasoning With	Pudding Of The Day
	Vegie Roast With All The Trimming's	Quorn Butter Chicken Curry & Rice With Naan Veg Of The Day	Seasoned Rice & Veg Of The Day	Veggie Cheese Burger On A Soft Bun With Chips

