

WAVE OF CHANGE

Helping women In Stockport take positive steps



Join US!



Come along to an engagement session! Find out more about the Wave of Change, how we can help and where you will meet like-minded women.

Tuesday 3rd June
Stockport Town
Centre Walk
Meet us outside
Central Library at
10am. Walk and cakes
until 12noon



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Monday 9th June
Woodbank Park,
Offerton

Meet outside Pure Cafe
at 10am. Walk then
refreshments until
12noon



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**Tuesday 17th June -
Wellbeing & Info**

DROP IN 10am - 2.30pm

Come along for wellbeing activities including a pop up spa, sound bath, creative activities & refreshments

Contact:

sarah.goodnesscollective@gmail.com



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- **Tuesday 3rd June** - Stockport Town Centre Walk
- **Monday 9th June** - Woodbank Park, Offerton
- **Tuesday 17th June** - Wellbeing & Info Drop In

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