

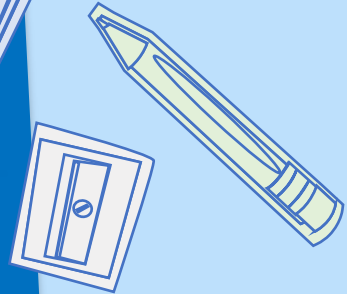
RESPECT - ASPIRATION - DETERMINATION - INDEPENDENCE



MOVING

UP TO

SECONDARY SCHOOL



**Achieve
+ Learn
Trust.**
Better, together.

Supporting your move to secondary school



There will be lots of changes happening when you move from Primary to Secondary School.

You need to be **open to learning** the new way of doing things here at Reddish Vale. Change can be difficult for everyone, no matter what age, so if you are struggling with this, please let your form teacher or year team know.

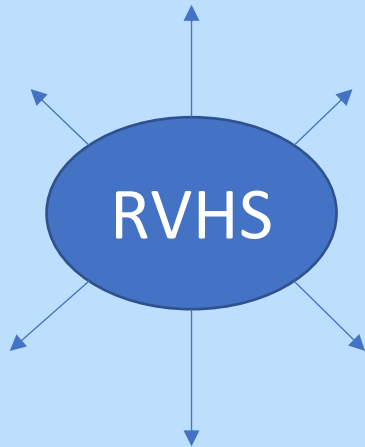




<https://www.youtube.com/watch?v=thnoUraeoGs>

RESPECT - ASPIRATION - DETERMINATION - INDEPENDENCE

Create a list of words you associate with the picture opposite.



We want you to feel excitement, potential, opportunity, joy, eagerness!



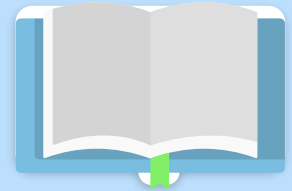
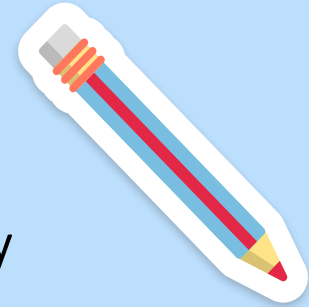
RESPECT - ASPIRATION - DETERMINATION - INDEPENDENCE

Lets talk about change

What will the similarities be between primary school and secondary school?

What will the differences be between primary and secondary school?

Make a list together with your form about what are the most important things a Year 6 pupil needs to know about secondary school





How to deal with change

Getting thoughts out of my head and onto paper.

It might help to write down your worries and feelings.

Completing a worry journal can help to relieve your mind.

Refocusing.

Once you have written down a worry, the next step is to refocus on the present moment.

This means paying attention to what you were going to do before you were worried.



Moving up checklist

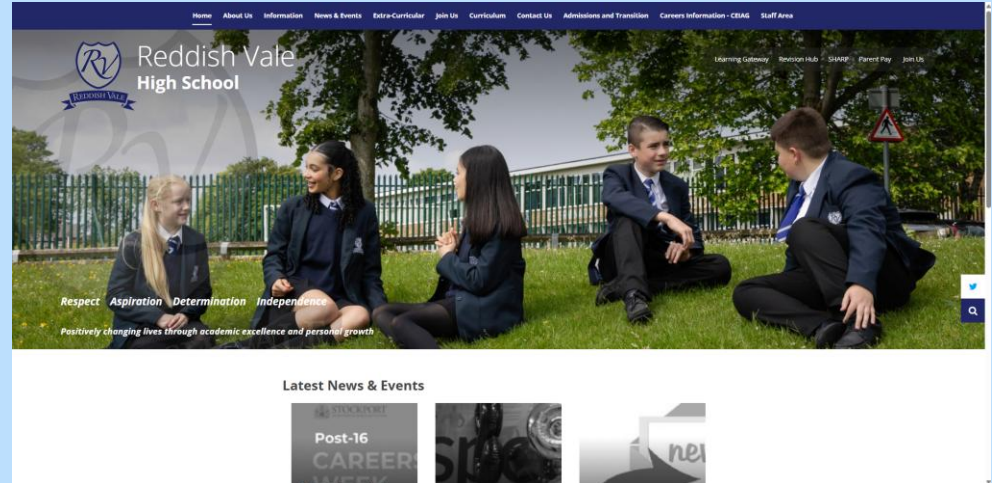


VISIT THE SCHOOL WEBSITE

Visit the website for your new school and have a browse to find out as much useful information as possible. You can use Google to find the web address.



<https://www.reddish.stockport.sch.uk/>



REDDISH VALE

RESPECT - ASPIRATION - DETERMINATION - INDEPENDENCE



GET INTO A GOOD ROUTINE

Get in the habit of going to bed early and getting up in time to eat breakfast. Young people need plenty of sleep and fuel for the day!



PLAN YOUR ROUTE

Plan the route to your new school and make a few trial runs when it's safe to do so. You can familiarise yourself with the route from home using Google Maps and 'street view'. Sort out a bus pass if you need one.





PRACTISE PACKING

Practise packing all the things you will need to take to your new school. Get in the habit of packing the night before ahead of when you start.



PLANNER/DIARY

Do you use a planner or diary? If not, try and get hold of one and get used to using it.





TALK TO FRIENDS

Talk to friends and family members and find out who else is moving to the same school as you and who already goes there.



Getting to know Reddish Vale



RESPECT - ASPIRATION - DETERMINATION - INDEPENDENCE

Can you name these places at Reddish Vale



Here are some more key places here at Reddish Vale



Yard



Entrance Gate



Here are some more key places here at Reddish Vale



Theatre



Sports Hall



Here are some more key places here at Reddish Vale



Main Corridor



Farm



Transition activities

Here are some more transition activities that you could do...



Learn how to
tie your tie.

Reddish Vale Wordsearch

Y	N	O	I	T	A	N	I	M	R	E	T	E	D
S	D	O	H	N	O	I	R	A	R	L	L	E	E
S	P	O	R	T	S	H	A	L	L	I	H	L	C
R	C	M	T	E	N	A	R	L	E	B	I	A	N
S	U	E	H	E	A	S	E	S	P	R	A	V	E
E	C	A	E	T	C	P	S	D	T	A	C	H	D
R	T	E	A	Y	A	I	P	E	T	R	A	S	N
D	E	T	T	E	R	R	E	E	F	Y	N	I	E
Y	E	O	R	R	N	A	C	R	E	M	T	D	P
A	A	E	R	E	T	T	B	E	R	E	D	E	D
R	O	F	U	M	E	I	A	I	P	E	E	E	D
D	A	A	A	E	I	O	E	D	I	A	N	R	N
H	R	S	H	R	T	N	T	N	E	U	B	I	I
P	N	R	O	E	M	E	U	N	I	F	O	R	M

SPORTSHALL
CANTEEN
ASPIRATION
RESPECT
LIBRARY
REDDISHVALE
DETERMINATION
FARM
THEATRE
UNIFORM
YARD
INDEPENDENCE

Have a go at the Reddish Vale
wordsearch.

RESPECT - ASPIRATION - DETERMINATION - INDEPENDENCE

See you in September

It's okay to feel a little nervous about starting secondary school but remember there are lots of people here to support your move!

If you have any concerns make sure to speak to your form tutor/year team.

We hope you enjoy your transition days with us and are even more excited now to join team Reddish Vale in September.

