

# Menu

## Week 1



**Meal Deal: £2.50**

Includes a main meal, dessert and bottle of water

### Available Daily

**Jacket Potato with Cheese/Beans/Tuna Mayo and Salad.**

\*Cheese contains milk. Tuna mayo contains fish, egg.

**Cold Sandwiches with various fillings.**

\*Allergen information is on the product packaging.

**Strawberry Yoghurt, Fresh Fruit Pots or Watermelon Slices.**

\*Yoghurt contains milk.

### Monday

**Margherita / Pepperoni Pizza with Hash Rounds & Corn**

\*Contains gluten, milk, wheat. may contain mustard and soya.

**Tex Mex Bean Burrito with Nachos & Salsa**

\*Contains wheat, gluten, milk.

**Sweet & Sour Chicken with Rice & Broccoli**

\*No allergens.

**Vanilla & Blueberry Shortbread**

\*Contains gluten, wheat.

### Tuesday

**Beef Lasagne with Mixed Salad & Garlic Bread**

\*Contains gluten, milk, wheat. May contain mustard and soya.

**Chicken Tikka Slice with Rosti Bites & Mixed Salad**

\*Contains gluten, wheat, egg.

**Paninis**

\*Allergen information is on the product packaging.

**Lemon Drizzle Slice**

\*Contains gluten, wheat, barley, milk, eggs.



### Wednesday

**Tomato & Mozzarella Pasta with Garlic Bread & Green Beans**

\*Contains wheat, gluten, milk, soya, barley, oats, rye.

**Garlic Butter Chicken with Rice & Peas**

\*Contains gluten, wheat, milk.

**Jumbo Pork Sausage Roll**

\*Contains gluten, wheat, sulphites.

**Raspberry Sponge Cake**

\*Contains gluten, wheat, egg, milk.



### Thursday

**Chicken Gyros Wrap with Croquettes & Salad**

\*Contains gluten, wheat, milk.

**Mac n Cheese with a Nacho Crumb Topping**

\*Contains gluten, wheat, mustard, sulphites/milk.

**Chicken Fajita Pasta with Mixed Salad**

\*Contains milk, gluten, wheat, mustard.

**Paninis**

\*Allergen information is on the product packaging.

**Buttery Sultana Cookie**

\*Contains gluten, wheat, milk.

### Friday

**Fish Fillet with Chips & Beans or Mushy Peas**

\*Contains gluten, wheat, fish.

**Beef / Cheese Burger with Chips & Salad**

\*Contains gluten, wheat, sesame, milk, barley, soya, sulphites.

**Spicy Chicken Burger with Mayo & Salad**

\*Contains gluten, wheat, fish.

**Paninis**

\*Allergen information is on the product packaging.

**Australian Crunch**

\*Contains gluten, wheat, barley, sulphites.

# Menu

## Week 2



**Meal Deal: £2.50**

**Includes a main meal, dessert and bottle of water**

### Available Daily

**Jacket Potato with Cheese/Beans/Tuna Mayo & Salad**

\*Cheese contains milk. Tuna mayo contains fish, egg.

**Cold Sandwiches with various fillings**

\*Allergen information is on the product packaging.

**Strawberry Yoghurt, Fresh Fruit Pots or Watermelon Slices**

\*Yoghurt contains milk.

### Monday

**Katsu Chicken Curry with Rice & Prawn Crackers**

\*Contains gluten, wheat, crustaceans, sulphites, celery, mustard, soya.

**Arrabbiata Pasta with Garlic Bread & Green Beans**

\*Contains wheat, gluten, milk, soya, legumes, celery, oats, barley, rye.

**Paninis**

\*Allergen information is on the product packaging.

**Cherry Cookie**

\*Contains gluten, wheat, milk, sulphites.

### Tuesday

**Margherita / Pepperoni Pizza**

\*Contains gluten, milk, wheat. May contain mustard and soya.

**Pasta with Bacon, Cream, Peas & Garlic Bread**

\*Contains gluten, wheat, milk, oats, rye, soya, barley.

**Steak Bake**

\*Contains gluten, wheat.

**Carrot Cake Square**

\*Contains gluten, wheat, milk, eggs.



### Wednesday

**Roast Chicken & Stuffing Dinner**

\*Contains wheat, gluten, milk, egg - contains legumes.

**Cheese & Broccoli Pasta with Garlic Bread**

\*Contains gluten, wheat, milk, soya, oats, rye, barley.

**Chicken Tikka Slice**

\*Contains gluten, wheat, egg.

**Paninis**

\*Allergen information is on the product packaging.

**Ice Cream Tub**

\*Contains milk.

### Thursday

**Cheese Whirl with Rosti Bites & Baked Beans**

\*Contains gluten, wheat, milk, egg.

**Jumbo Sausage Roll**

\*Contains gluten, wheat, sulphites.

**Creamy Cajun Chicken Pasta with Garlic Bread**

\*Contains milk, gluten, wheat, soya, mustard, rye, oats, barley.

**Banana Bread**

\*Contains gluten, wheat, milk, egg.

### Friday

**Chicken Wings with Garlic Mayo Dip**

\*Contains milk.

**Veg Samosa with Chips & Mixed Salad**

\*Contains gluten, wheat.

**Fish & Chips**

\*Contains gluten, wheat, fish.

**Fish, Chips & Curry Sauce**

\*Contains gluten, wheat, fish, celery, mustard, soya, egg, milk, sulphites.

**Paninis**

\*Allergen information is on the product packaging.

**Brownie**

\*Contains gluten, wheat, egg, soya. May contain milk.



# Menu

## Week 3



**Meal Deal: £2.50**

Includes a main meal, dessert and bottle of water

### Available Daily

**Jacket Potato with Cheese/Beans/Tuna Mayo & Salad**

\*Cheese contains milk. Tuna mayo contains fish, egg.

**Cold Sandwiches with various fillings**

\*Allergen information is on the product packaging.

**Strawberry Yoghurt, Fresh Fruit Pots or Watermelon Slices**

\*Yoghurt contains milk.

### Monday

**Beef Bolognese with Penne Pasta & Garlic Bread**

\*Contains gluten, wheat, celery, milk, soya, oats, rye - contains legumes.

**Veg Spring Rolls with Sweet Chilli Dip & Prawn Crackers**

\*Contains barley, gluten, wheat, egg, milk, celery, soya, crustaceans.

**Paninis**

\*Allergen information is on the product packaging.

**Oat & Raisin Cookie**

\*Contains gluten, wheat, egg.

### Tuesday

**Margherita Pizza with Hash Rounds & Corn**

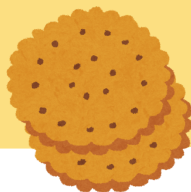
\*Contains gluten, milk, wheat. May contain mustard and soya.

**Chilli Beef Burrito with Nachos & Salsa**

\*Contains gluten, wheat, milk.

**Ginger Biscuit**

\*Contains gluten, wheat.



### Wednesday

**Sweet Chilli Chicken Wrap with Potato Wedges**

\*Contains wheat, gluten.

**Creamy Piri Piri Pasta with Garlic Bread & Broccoli**

\*Contains gluten, wheat, milk, soya, oats, rye, barley.

**Paninis**

\*Allergen information is on the product packaging.

**Chocolate and Orange Sponge with Custard**

\*Contains gluten, wheat, barley, sulphites, milk, eggs.

### Thursday

**Roasted red pepper & Tomato Pasta with Garlic Bread & Green Beans**

\*Contains milk, gluten, wheat, soya, oats, rye, milk, barley.

**Hunters Chicken with Wedges, Peas & Corn**

\*Contains milk - contains legumes.

**Chicken Tikka Curry with Rice**

\*Contains milk.

**Classic Sticky Toffee Pudding**

\*Contains gluten, wheat, milk, eggs.



### Friday

**Fish Fillet with Chips & Beans or Mushy Peas**

\*Contains gluten, fish, wheat - contains legumes.

**Fish Fillet with Chips & Curry Sauce**

\*Contains gluten, fish, wheat, celery, mustard, soya. May contain eggs, milk, sulphites.

**Chicken Burger with Mayo, Chips & Salad**

\*Contains gluten, wheat, egg. May contain sesame.

**Paninis**

\*Allergen information is on the product packaging.

**Apple flapjack**

\*Contains gluten, oats. May contain barley, wheat.