

Autism Assessments for Children and Young People



At **bMindful Psychology** we offer autism assessments for children and young people, UK wide, without having to sit on a long waiting list.

Our assessments help you understand your child's strengths and challenges. bMindful's experts work with parents and carers giving clear, practical recommendations for home and school tailored to your child.

Why choose **bMindful Psychology** for your assessments:

- Faster access and shorter wait times
- A step-by-step assessment process and ethical pricing structure, that enables parents/carers to make informed choices
- Assessments delivered by a qualified multi-disciplinary team, in line with national best practice (NICE guidance)
- Clear, evidence-based recommendations to support learning, wellbeing and daily life
- Post diagnostic support recommendations for the young person, and bMindful can help families and siblings too
- Comfortable consultation therapy suites that are child-friendly and designed to reduce stress
- Support from friendly and empathetic clinicians who have a high level of experience in working with neurodiverse children and young people
- Initial consultation starts at £150. We have a staged process to ensure its appropriate to progress through to a full assessment

bMindful Psychology's focus is always on understanding the child as an individual.

Contact us for an initial chat, about the process and costs, call 0161 510 0111, email: enquiries@bmindfulpsychology.co.uk or complete our initial enquiry form (via the QR code above) and a member of our team will contact you

Stage 1: Initial Consultation (Online) (cost £150)

The process begins with an online consultation with parents/carers.

This appointment involves:

- Reviewing screening questionnaires completed in advance by parents/carers and school
- Discussing parental/carer concern and the young person's views
- Considering whether further assessment is appropriate

Outcome:

- Reassurance and signposting, or
- Recommendation to proceed to Stage 2

Stage 2: Parent Interview & Developmental History (£350)

If indicated, we complete a structured parent interview ADI-R (Autism Diagnostic Interview-Revised) to explore your child's development in more depth.

This stage includes a detailed developmental history.

Outcome:

- Recommendation to proceed to a full diagnostic assessment, or
- Guidance around other options

Stage 3: Full diagnostic assessment (cost £2,100)

This includes:

- A face-to-face assessment with the child/young person using ADOS-2 (Autism Diagnostic Observation Schedule).
- Additional information gathering when needed
- A Clinical Multi-disciplinary review to reach a diagnostic decision, routinely involving a qualified and experienced psychologist, speech and language therapist and paediatrician, and, where relevant other clinicians

Outcome:

- A clear, evidence-based diagnostic conclusion.
- Individualised recommendations for support and intervention



What's Included in the Autism Assessment?

A comprehensive written report outlining:

- Assessment findings
- Clinical formulation
- Clear recommendations

A feedback session with parents/carers (and the child or young person where appropriate.)

Practical guidance for:

- Education and school planning
- Care and wellbeing
- Therapeutic support



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